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Procedure Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

Procedure Time: \_\_\_\_\_

\_\_\_ Humble Kingwood Endoscopy 19502 McKay Dr. Ste: 101 Humble, Tx 77338 (first floor).

\_\_\_ Colonoscopy

\_\_\_ Flex Sig

\_\_\_ EGD

The day before your procedure \_\_\_\_\_

\_\_\_ The day before your procedure, starting the FIRST thing in the Morning begin a clear liquid diet  
"DO NOT EAT ANY SOLID FOOD"

\_\_\_ Avoid anything red or purple in color. Choose Lime, Lemon, or orange flavors.

\_\_\_ \* Nothing to drink after midnight the day before procedure.

**Preferred Colon Prep:**

\_\_\_ Four Dulcolax tablets (OVER THE COUNTER) → Take two tablets the night before the prep and Two tablets the morning of the prep.

\_\_\_ Clenpiq: Take one bottle at 3pm and the second bottle at 9pm.

\_\_\_ Colyte (Prescription): Start to drink at 2pm. Drink 8oz glass every 15 minutes until voiding clear.

\_\_\_ Two Fleet enemas (OVER THE COUNTER) Two hours before the procedure.

\*\*\* You must have someone drive you to and from your procedure that is over the age of 18 yrs.\*\*\*  
NO Taxis or Ubers allowed.

\_\_\_ Coumadin-Stop 5 days prior to the procedure (will call to instruct).

\_\_\_ Plavix-Stop 5 days before the procedure (will call to instruct).

\_\_\_ Oral Diabetic meds-If twice the daily dosage, hold P.M. dose the night before the procedure and A.M. dose on the day of the procedure.

\_\_\_ Insulin-Take ½ dose the night before the procedure and hold the dose in the morning on the day of the procedure.

\_\_\_ Stop any Diet medication such as Phentermine 7 days prior to procedure.

\_\_\_ Cardiac Medications BLOOD PRESSURE-Takes 2 hrs. Before the procedure with a sip of water.

\_\_\_ STOP FISH OIL OR IRON 5 DAYS PRIOR TO THE PROCEDURE.

\_\_\_ STOP WEGOVY, OZEMPIC, TRULICITY, MOUJARO, OR RYBELSUS 7 DAYS PRIOR TO THE PROCEDURE.

**\$\_\_\_\_\_ All physicians fees are due 4 days prior to the procedure.**

**Cancellations MUST occur 4 days prior to the date given or there will be a \$100 dollar fee per procedure.**